



Allergy Information Guide Information:

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; **we cannot say that any dish on our menus is "free-from" any allergen**, but only that it does not contain that allergen as an ingredient. Our allergen information sheet **does not** include any “**may contains**” information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before as ingredients may be substituted or changed at short notice.

Our allergen information covers the following major allergens: **Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut) , Pecan, Pistachio, Walnut)** and products thereof.

Items that are added as a choice, upgrade or addition must be checked and the allergen information considered in addition to the main meal.

Our vegan dishes are made to a vegan recipe, but we cannot guarantee that they are suitable for those with MILK or EGG allergies. Please speak to your server if you any dietary requirements.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

KEY FOR BAR + BLOCK STEAKHOUSE ALLERGY INFORMATION GUIDE

Y	The allergen is present
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Product Description	Allergens Present																	
	Cereals Containing Gluten				Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
	Wheat Products	Rye Products	Barley Products	Oat Products														
BAR + BLOCK AUTUMN WINTER 2024 DRINKS MENU																		
COCKTAILS																		
POPSTAR MARTINI											Y							
RASPBERRY & CUCUMBER BRAMBLE																		
TIKI TINI																		
I'M JUST KEN						Y												
PEACH & RASPBERRY MOJITO																		
JUNGLE BIRD											Y							
TOMMY'S MARGARITA																		
RASPBERRY MARGARITA																		
PINEAPPLE CHILLI MARGARITA																		
APEROL SPRITZ											Y							
PORNSTAR MARTINI											Y							
ESPRESSO MARTINI																		
COSMOPOLITAN																		
MOJITO											Y							
LONG ISLAND ICED TEA											Y							
NEGRONI											Y							
PEACH BELLINI											Y							
DRAUGHT BEERS & CIDERS																		
PRAVHA	Y		Y															
BIRRA MORETTI			Y															
ASAHI SUPER DRY			Y															
CAMDEN HELLS LAGER	Y		Y															
CAMDEN PALE ALE	Y		Y															
CORONA			Y															
ASPALL CYDER											Y							
GUINNESS			Y															
HARP			Y															
CARLSBERG			Y															
ROCKSHORE			Y															
SMITHWICK'S			Y															
HOP HOUSE			Y															
CITRA IPA			Y															
PACKAGED BEERS & CIDERS - SEE BOTTLE LABEL FOR ALLERGENS																		

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	Wheat Products	Rye Products	Barley Products	Oat Products														
SPIRITS																		
GIN																		
TARQUIN'S BLOOD ORANGE																		
TARQUIN'S RHUBARB & RASPBERRY																		
WARNER'S RHUBARB																		
WHITLEY NEILL BLACK CHERRY																		
WHITLEY NEILL RASPBERRY																		
WHITLEY NEILL DISTILLER'S CUT LONDON DRY																		
BOMBAY SAPPHIRE LONDON DRY																		
JJ PINK																		
JJ LONDON DRY																		
EDINBURGH GIN CLASSIC DRY (SCOTLAND ONLY)																		
EDINBURGH GIN RHUBARB & GINGER (SCOTLAND ONLY)																		
EDINBURGH GIN RASPBERRY LIQUEUR (SCOTLAND ONLY)																		
VODKA																		
TRASH & TREASURE CITRUS																		
ABSOLUT® RASPBERRI																		
ABSOLUT® VANILIA																		
ABSOLUT® ORIGINAL																		
JJ ARTISANAL																		
WHISKEY / WHISKY																		
TALISKER 10 YO																		
JOHNNIE WALKER BLACK LABEL																		
GLENFIDDICH 12 YO																		
GENTLEMAN JACK																		
JACK DANIEL'S NO.7 BOURBON																		
JOHNNIE WALKER RED LABEL																		
JAMESON IRISH WHISKEY																		
RUM																		
TWIN FIN SPICED																		
TRASH & TREASURE TROPICAL																		
DEAD MAN'S FINGERS SPICED																		
BACARDI												Y						
CAPTAIN MORGAN DARK																		
CAPTAIN MORGAN WHITE																		
MIXERS - SEE PACKAGING LABEL FOR ALLERGENS																		

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	Wheat Products	Rye Products	Barley Products	Oat Products														
SHOTS																		
TEQUILA ROSE																		
EL JIMADOR TEQUILA BLANCO																		
EL JIMADOR TEQUILA REPOSADO																		
ANTICA CLASSIC SAMBUCA																		
ANTICA BLACK SAMBUCA																		
ANTICA RASPBERRY SAMBUCA																		
MINI TAILS																		
JALISCO SUNRISE																		
MINI MARGARITA																		
SOME LIKE IT HOT																		
PACKAGED SOFTS - SEE BOTTLE LABEL FOR ALLERGENS																		
DRAUGHT SOFTS																		
COCA COLA ZERO SUGAR																		
DIET COKE																		
COCA COLA CLASSIC																		
SCHWEPES DIET LEMONADE																		
LOW & NO																		
SKINNY DIP																		
G% NAKED																		
NINA COLADA																		
ORANGE & CHILLI AGUA FRESCA																		
RASPBERRY & GRAPEFRUIT AGUA FRESCA																		
CHERRY AGUA FRESCA																		
HOT DRINKS																		
COFFEE / TEA																		
LATTE																		
CAPPUCCINO																		
FLAT WHITE																		
AMERICANO BLACK																		
AMERICANO WHITE (+ 95ML SEMI SKIMMED MILK)																		
ESPRESSO																		
ESPRESSO																		
HOT CHOCOLATE																		
HOT CHOCOLATE WITH CREAM																		
PG PLAIN BLACK																		
PG TIPS PEPPERMINT HERBAL																		
PG TIPS RASPBERRY HERBAL																		
PG TIPS GREEN TEA																		
SEMI SKIMMED MILK																		

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	Wheat Products	Rye Products	Barley Products	Oat Products														
AFTER DINNER DRINKS																		
IRISH COFFEE							Y											
BAILEYS LATTE							Y											
SYRUPS																		
SWEETBIRD VANILLA SUGAR FREE SYRUP																		
SWEETBIRD HAZELNUT SUGAR FREE SYRUP																		
SWEETBIRD SALTED CARAMEL SUGAR FREE SYRUP																		
WINES																		
WHITE																		
GAVI DEL COMUNE DI GAVI, SAN SILVESTRO 'FOSSILI'											Y							
SAUVIGNON BLANC, SAINT CLAIR											Y							
VIIGNIER, VIÑA EDMARA							Y				Y							
VERDEJO ORGANIC, MESTA, UCLÉS											Y							
CHARDONNAY UNOAKED, 'FOUNDSTONE', BERTON VINEYARD							Y				Y							
PINOT GRIGIO, NOVITÀ								Y			Y							
SAUVIGNON BLANC, TIERRA ANTICA											Y							
ROSÉ																		
CÔTES DE PROVENCE, CHÂTEAU DE L'AUMÉRADE, AUMÉRADE STYLE											Y							
PINOT GRIGIO BLUSH, NOVITÀ											Y							
ZINFANDEL BLUSH, ZIN HEAVEN											Y							
RED																		
CABERNET SAUVIGNON, JIM BARRY 'COVER DRIVE'							Y				Y							
ZINFANDEL, MAGGIO 'OLD VINES', LODI											Y							
RIOJA RESERVA, BODEGAS ONDARRE											Y							
GARNACHA ORGANIC, MESTA, UCLÉS											Y							
PINOT NOIR, VIÑA EDMARA											Y							
SHIRAZ, 'FOUNDSTONE', BERTON VINEYARD											Y							
MALBEC, EL CAMINO											Y							
MERLOT, TIERRA ANTICA											Y							
SPARKLING																		
CHAMPAGNE BERNARD REMY, CARTE BLANCHE BRUT											Y							
CHAMPAGNE BERNARD REMY, BRUT ROSÉ NV											Y							
PROSECCO, FAVOLA EXTRA DRY											Y							
PROSECCO ROSÉ, SACCHETTO BRUT											Y							