

LUNCH + EARLY DINNER

11:30AM-5PM MON-FRI | A SELECTION OF MAINS FOR **£10.00**
+ A SECOND COURSE FOR **£3.50**

STARTERS --- +3.50

BBQ Sticky Chicken Wings[^] 🍷 (353kcal)

Mac + Cheese Bites (v) (413kcal)

Salt + Pepper Squid[~] (423kcal)

Hand-Cut Halloumi Fries (v) (423kcal)

SIDES ---

Beer-Battered Onion Rings[^] (v) (280kcal) **4.75**

Truffle-Flavoured Mac + Cheese (v) (536kcal) **4.75**

House Salad (ve) (148kcal) **4.25**

Grilled Asparagus (v) (36kcal) **4.75**

Garlic Mushrooms (v) (119kcal) **4.25**

Want to swap your skin-on chips?

House Salad (ve) (148kcal)

**Beef Dripping Triple-Cooked
Chunky Chips** (400kcal) **+0.50**

Loaded Skin-On Chips (v) **+1.50**
Mix spiced seasoning, cheese sauce,
Pico De Gallo salsa (416kcal)

MAINS --- 10.00

Served with a choice of either skin-on chips (316kcal)
or house salad (148kcal) unless stated

Steak Sandwich

Rump steak, fried red onions, tomato, rocket, mayo,
stonebaked flatbread (919kcal)

+ Cheddar Cheese Slice (v) (+83kcal) **+1.00**

Open Club Sandwich

Stonebaked flatbread, dry-cured oak-smoked bacon,
chicken breast, guacamole, tomato, lettuce, mayo,
soft boiled egg (960kcal)

Classic 6oz* Beef Burger

6oz* beef patty, brioche-style bun, lettuce, tomato,
fried red onions, burger sauce (1,093kcal)

+ 6oz* Beef Burger Patty (+461kcal) **+3.00**

+ Cheddar Cheese Slice (v) (+83kcal) **+1.00**

+ Dry-Cured Oak-Smoked Streaky Bacon (+63kcal) **+1.00**

Plant-Based Burger (ve)

GARDEN GOURMET® Sensational™ patty, brioche-style bun,
lettuce, tomato, fried red onions, burger sauce (856kcal)

+ Violife slice (ve) (+57kcal) **+1.00**

+ THIS™ Isn't Bacon (ve) (+58kcal) **+1.00**

DESSERTS --- +3.50

Triple Chocolate Brownie (v)

Vanilla ice cream, dulce de leche sauce (621kcal)

Belgian Chocolate Cookie Dough (v) 🍷

Vanilla ice cream, speculoos crumb (787kcal)

Steak + Frites

Rump steak, garlic butter (668kcal)

+ Upgrade to an 8oz* sirloin (+792kcal) **+3.00**

Beer Battered Fish + Chips^{***} 🍷

Garden peas, tartare sauce (1,008kcal)

Chargrilled Sea Bass Fillet^{**}

With a tomato, red onion, cucumber and feta salad,
roasted red pepper and harissa sauce, stonebaked
flatbread (430kcal)

Bar + Block House Salad (ve)

Sweetcorn, avocado, cherry tomatoes, red onion,
cucumber, cos lettuce, French dressing (229kcal)

+ 4oz* Sirloin (+175kcal) **+5.00**

+ Sea Bass Fillet^{**} (+127kcal) **+5.00**

+ Chicken Breast (+155kcal) **+4.00**

Red Pepper + Harissa Chicken Burger 🍷 **+2.00**

Marinated chicken breast, feta, roasted red onions,
rocket (857kcal)

Eton Mess[°] (v) (404kcal)

Sticky Toffee Pudding (v)

Vanilla ice cream (515kcal)

BAR+ BLOCK

STEAKHOUSE

We've teamed up with Pennies, the digital charity box, to help support our partner GOSH Charity. Just press 'yes' when you pay by card to donate 25p. Every penny you give goes to charity: 95% to Great Ormond Street Hospital Children's Charity (registered charity no. 1160024) and 5% to Pennies (registered charity no. 1122489).



Adults need around 2,000 kcal a day



Cooked over charcoal for a unique smoky flavour

Don't worry, we know there are allergens in our food that we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Menu descriptions may not list every individual ingredient, so please ask for more information. Ingredients can occasionally be substituted or changed at short notice, so please review the allergy information on the website at the time of your visit and ask your server when you arrive. The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information. "v" = suitable for vegetarians. "ve" = suitable for vegans and vegetarians. Our vegan dishes are made to a vegan recipe, but we cannot guarantee that they are suitable for those with MILK or EGG allergies. *Approximate weight uncooked. **May contain bones or shell pieces. †Contains tentacles and rings. ††May contain small traces of alcohol. †††May contain fruit stones. Fish, meat and poultry dishes may contain bones. Dishes do not list every ingredient, please ask for more information. Enjoy our complimentary beef-seasoned popcorn (117kcal) while browsing through the menu. All prices include VAT. GARDEN GOURMET® - Reg. Trademark used in agreement with the Trademark owner.



Seafood with this mark comes from an MSC certified sustainable fishery. www.msc.org MSC-C-55716